



ANGER

Good, Bad, or Ugly?

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WHAT DOES YOUR ANGER LOOK LIKE?

Anger is always legitimate, but not always warranted. It alerts you to some internal and/or external occurrence that needs to be paid attention to.

Today's Objective:

- ❖ To explore the complexity of anger as God has exemplified it in scripture; as those created in his image in a world corrupted by sin; as those who seek righteousness, justice, grace, and mercy
- ❖ To expand our understanding of anger first as it relates to God, then as it relates to ourselves



'AP (AF) - FROM אָפַּ (H599)



Seething Anger/Hot Anger

❖ Numbers 12:1-16

12:9 And the **anger** of the LORD was kindled against them; and he departed.

❖ Numbers 32:13 And the LORD'S **anger** (H639) was kindled against Israel, and he made them wander in the wilderness forty years, until all the generation, that had done evil in the sight of the LORD, was consumed.

❖ Deuteronomy 31:14-18

BLUE LETTER BIBLE

Verse or Word(s) KJV

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II. אָפַּ (for אָפַּ from the root אָפַּ), with suff. אָפַּי, אָפַּי, m. prop. a breathing place, the member with which one breathes, hence — (1) *the nose*. (Arab. ^{أَنْف} *anf*, Æth. አንፋ: id.) Used of the nose of men, Nu. 11:20, and of animals, Job 40:24; אָפַּ אָפַּי used of pride, see אָפַּי; אָפַּ אָפַּי the blowing of breath through the nostrils, as of those who are enraged, Schnauben, Job 4:9. Hence —

(2) *anger*, which shows itself in hard breathing; אָפַּ אָפַּי Prov. 22:24, and אָפַּ אָפַּי Prov. 29:22, angry. Very often used of the anger of God, Deu. 32:22; 29:19; Job 36:13.

DUAL אָפַּיִם.— (1) two breathing places, i.e. *the nostrils, the nose*, Gen. 2:7.

(2) *anger*, especially in the phrases, אָפַּיִם אָפַּיִם, slow to anger, i.e. patient; quick of anger. See those words.

(3) [“meton.”] *face, countenance* (Syr. ܐܦܝܢܐ), Ch. אָפַּיִם, Gen. 3:19. Of frequent use in the phrase, “to prostrate oneself אָפַּיִם אָפַּיִם with the countenance cast down to the ground,” Gen. 19:1; 42:6. אָפַּיִם

ZA'AM (ZAH'-AM) - FROM זַעַם (H2194)

Ezekiel 21:31 - And I will pour out mine **indignation** (H2195) upon thee, I will blow against thee in the fire of my wrath, and deliver thee into the hand of brutish men, and skilful to destroy.



זַעַם m.—(1) [“ properly *foam*, so used perhaps Isaiah 30:27; hence *fierceness*,”] *anger* or *indignation*, especially the *wrath* of God as shown in the infliction of punishment; punishment sent from God (*ὀργή*), [“ always in this sense, except Hos. 7:16”], Isa. 10:5, 25; 26:20; 30:27; Dan. 8:19. זַעַם יְיָ in the day of (divine) indignation. Ezekiel 22:24. Daniel 11:36, עַד כְּלֵה זַעַם “ until the punishment sent from God be completed;” comp. Dan. 8:19.

(2) *rage*, *insolence*. Hosea 7:16, מְזַעַם לְשׁוֹנָם “ because of the insolence of their tongue.”



חַמָּה - FROM חָרָה (H3179)

חָרָה *chêmâh*, khay-maw'; or (Daniel 11:44) חָרָה *chêmâ'*; from H3179; heat; figuratively, anger, poison (from its fever):—anger, bottles, hot displeasure, furious(-ly, -ry), heat, indignation, poison, rage, wrath(-ful). See H2529.

2 Chronicles 36:16

But they mocked the messengers of God, and despised his words, and misused his prophets, until the wrath (H2534) of the LORD arose against his people, till there was no remedy.



ORGĒ - FROM ὀργή (G3713) (GREEK - NEW TESTAMENT)

In Biblical Greek **anger, wrath, indignation**

- ❖ Annoyance sparked by injustice or unrighteousness that has the capacity to grow into anger which can grow into wrath

Romans 1:18

For the **wrath** G3709 of God is revealed from heaven against all ungodliness and unrighteousness of men, who hold the truth in unrighteousness;



WHAT ABOUT YOUR ANGER?



- ❖ Silent, Seething, & Passive
- ❖ Loud and Aggressive
- ❖ Violent
- ❖ Tearful
- ❖ Poisonous (felt in specific places in your body/or entire body)
- ❖ Other?

IS THERE A PATTERN TO GOD'S ANGER IN SCRIPTURE?

❖ Evil

❖ Injustice

❖ Sin

❖ Haughtiness/Pride

❖ Idolatry

Mark 3:1-5 Another time Jesus went into the synagogue, and a man with a shriveled hand was there. ² Some of them were looking for a reason to accuse Jesus, so they watched him closely to see if he would heal him on the Sabbath. ³ Jesus said to the man with the shriveled hand, “Stand up in front of everyone.”

⁴ Then Jesus asked them, “Which is lawful on the Sabbath: to do good or to do evil, to save life or to kill?” But they remained silent.

⁵ He looked around at them in **anger** and, deeply distressed at their stubborn hearts, said to the man, “Stretch out your hand.” He stretched it out, and his hand was completely restored. ⁶ Then the Pharisees went out and began to plot with the Herodians how they might kill Jesus.



IS THERE SOMETHING LYING BEHIND YOUR ANGER?

Anger in many instances is a secondary emotion, which means that there are typically other emotions (primary emotions) hiding behind the surface that are in fact stirring what is coming out as anger...

- ❖ Fear
- ❖ Jealousy
- ❖ Sadness
- ❖ Confusion
- ❖ Powerlessness
- ❖ Grief

What sparks your anger?



WHEN IS ANGER A PRIMARY EMOTION?

When it reflects the righteous anger of God.

Ephesians 4:17-27

