

D-LIFE BOOT CAMP

Training for a lifestyle
of discipleship.



Keeping it Real

CHRISTIAN FELLOWSHIP

Pastor Dale L. Crawley Sr.

"Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, to the end of the age." Matthew 28:19-20

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The Ethnics Alcohol and Drugs

Bible Study Handout: Alcohol and Drugs

Theme: Biblical Wisdom on Alcohol and Drug Use

Key Scripture Passages:

- **Ephesians 5:18** – *"Do not get drunk on wine, which leads to debauchery. Instead, be filled with the Spirit."*
 - **1 Corinthians 6:19-20** – *"Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your bodies."*
 - **Proverbs 20:1** – *"Wine is a mocker and beer a brawler; whoever is led astray by them is not wise."*
 - **Galatians 5:19-21** – *"The acts of the flesh are obvious: sexual immorality, impurity and debauchery; idolatry and witchcraft; hatred, discord, jealousy, fits of rage, selfish ambition, dissensions, factions and envy; drunkenness, orgies, and the like. I warn you, as I did before, that those who live like this will not inherit the kingdom of God."*
 - **Romans 12:2** – *"Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will."*
 - **1 Peter 5:8** – *"Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour."*
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Biblical Teachings on Alcohol and Drugs:

1. **Alcohol and Drugs Can Lead to Destruction** – The Bible warns against drunkenness and addiction because they impair judgment, lead to sin, and harm the body (Proverbs 23:29-35; Isaiah 5:11).
 2. **Our Bodies Are Sacred** – Since we are temples of the Holy Spirit, we are called to honor God with our bodies and avoid substances that harm us (1 Corinthians 6:19-20).
 3. **Sobriety is God's Will** – Christians are urged to stay sober-minded, vigilant, and self-controlled in all circumstances (1 Peter 5:8; Titus 2:11-12).
 4. **Addiction Enslaves, but Christ Sets Us Free** – Sin, including substance abuse, can enslave, but Jesus offers freedom and redemption (John 8:34-36; Galatians 5:1).
 5. **Seeking God Over Temporary Pleasures** – Instead of seeking fulfillment in drugs or alcohol, we are to seek the peace and joy that come from God (Ephesians 5:18; Psalm 16:11).
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Discussion Questions:

1. According to Ephesians 5:18, what is the alternative to being drunk? How can we apply this in our lives today?
 2. How does 1 Corinthians 6:19-20 shape our view of how we treat our bodies?
 3. What warnings does Proverbs 20:1 give us about alcohol? Have you seen these consequences in real life?
 4. How does Romans 12:2 instruct us to resist worldly temptations like drug use and excessive drinking?
 5. What practical steps can we take to honor God with our choices regarding alcohol and drugs?
 6. How can we encourage others who struggle with addiction?
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Application: Living Wisely

- **Self-Control:** Proverbs 25:28 says, "Like a city whose walls are broken through is a person who lacks self-control." How can we practice self-control in areas of temptation?
- **Accountability:** Who in your life can you turn to for support and encouragement in making wise choices?

- **Replacing the Habit:** Instead of turning to substances, how can we fill our lives with things that glorify God (e.g., prayer, worship, service)?
 - **Helping Others:** How can we support those struggling with substance abuse? What role does love and compassion play?
 - **Renewing the Mind:** How can we apply Romans 12:2 to overcome destructive habits?
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Closing Prayer:

Heavenly Father, we acknowledge that our bodies are Your temple. Give us strength and wisdom to make choices that honor You. Help those struggling with addiction to find healing and restoration through Your grace. Surround us with godly influences and guide us to be a light to others. In Jesus' name, Amen.