

## D-LIFE BOOT CAMP

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of discipleship.



# Keeping it Real

CHRISTIAN FELLOWSHIP

*Pastor Dale L. Crawley Sr.*

*"Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, to the end of the age." Matthew 28:19-20*

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# Birth Control and Christian Stewardship in 2025

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## Purpose of This Study

In an age of rapid innovation, shifting social norms, and global challenges, Christians must think carefully and biblically about **birth control and family planning**.

This study helps believers apply God's timeless truth to the questions and complexities of today's world.

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## Key Questions

- How does birth control align (or not) with God's call to stewardship and faith?
  - How should Christians respond to cultural pressures (career, economics, environmentalism) when planning a family?
  - Are there biblically wise boundaries for using modern technology in family planning?
  - How do we balance God's sovereignty and our human responsibility?
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## I. Biblical Foundations: Ancient Truth for a Modern World

### 1. God's Design for Marriage, Family, and Life

- **Genesis 1:28**  
*"Be fruitful and multiply and fill the earth and subdue it."*  
→ God's original blessing still stands. Children are a blessing, not an inconvenience.
- **Psalms 127:3-5**  
*"Children are a heritage from the Lord, offspring a reward from him."*

In 2025, many cultural voices emphasize self-fulfillment, career advancement, and even overpopulation fears. Christians must resist the notion that children are a burden or obstacle to personal freedom.

## 2. The Sacredness of Life

- **Jeremiah 1:5**  
*"Before I formed you in the womb I knew you."*
- **Psalms 139:13-16**  
*"You knit me together in my mother's womb..."*

Modern technology (like early-detection pregnancy apps, gene editing discussions, and contraception innovations) makes it even more vital that we recognize life begins at conception.

→ **Principle:** Any method that terminates life after conception is not in harmony with God's Word.

## 3. Wisdom, Stewardship, and Planning

- **Luke 14:28**  
*"Suppose one of you wants to build a tower. Won't you first sit down and estimate the cost?"*
- **Proverbs 24:3-4**  
*"By wisdom a house is built, and through understanding it is established."*

### Cultural Challenge 2025:

Inflation, housing shortages, climate change anxiety, and career instability cause many couples to delay or limit children.

While practical concerns matter, believers are called to **faith-based stewardship**, not fear-based decisions.

## II. Today's Cultural Influences Christians Must Navigate

Cultural Trend (2025)	Biblical Response
<b>Career First, Family Later</b>	Work is valuable (Colossians 3:23), but family is part of God's calling (Genesis 2:24).
<b>Overpopulation and Climate Anxiety</b>	Christians are stewards of the earth (Genesis 2:15), but children are still God's good gift.
<b>Technological Convenience</b>	Wisdom and discernment must guide our use of tech (1 Corinthians 10:31).
<b>Rise of "Child-Free" Lifestyle</b>	God's people value life and legacy, not just personal comfort (Malachi 2:15).
<b>Healthcare and Fertility Innovations (CRISPR, IVF advances)</b>	Celebrate good gifts of medicine, but guard against "playing God" (Psalm 100:3).

### III. Birth Control Methods: A Christian Evaluation (Updated for 2025)

Type	Ethical?	Notes
<b>Barrier methods</b> (condoms, diaphragms)	Generally acceptable	Prevents sperm from meeting egg.
<b>Hormonal methods</b> (pill, patch, implant)	Caution advised	Ensure it prevents fertilization, not implantation.
<b>Fertility tracking apps/devices</b>	Acceptable	Natural Family Planning is aided by technology.
<b>IUDs, Morning-after pills</b>	Often unethical	May destroy a fertilized embryo.
<b>Permanent sterilization (vasectomy, tubal ligation)</b>	Mixed	Stewardship vs. potential closedness to God's future plans.
<b>CRISPR gene editing for "designer babies"</b>	Unethical	Crosses God-given boundaries.

#### Important 2025 Note:

Advances like AI-assisted fertility treatments, lab-grown embryos, and gene editing will require deep Christian discernment, not shallow cultural approval.

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### IV. Principles for Decision-Making in 2025

1. **Prayerful Dependence on God**
    - Technology changes; God does not. Seek His unchanging wisdom (James 1:5).
  2. **Protect and Cherish Life at Every Stage**
    - Be informed: know exactly how a birth control method works.
  3. **Unity Between Husband and Wife**
    - Major decisions require complete agreement (1 Corinthians 7:5).
  4. **Open Hands to God's Surprises**
    - Even carefully made plans must remain surrendered to God (Proverbs 19:21).
  5. **Stewardship Without Fear**
    - We are not called to reckless living nor fearful withholding (Matthew 6:25-34).
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### V. Real Questions Couples Are Asking in 2025

- Can we trust God for provision if we choose to have more children?
- Are we planning our family based on fear, comfort, or calling?
- Is our approach to family planning generous and faith-filled or self-centered?
- How can we use technology responsibly without replacing God's role as Author of Life?

- How can we encourage our church community to celebrate life and support families?
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## VI. Conclusion: Walking in Faithful Wisdom

**In 2025**, birth control choices require prayer, unity, and deep faith. We must not blindly follow cultural trends but boldly walk as citizens of Heaven. Family planning is not merely a personal preference — it's a sacred stewardship. Above all, **our trust is not in technology or timing but in our faithful God.**

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## Scripture Memory:

**Psalm 127:3**

*"Children are a heritage from the Lord, offspring a reward from him."*

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## Final Reflection

In an anxious world obsessed with control and customization, how can our families display the beauty of trusting a sovereign, generous God?